

# Southend Health & Wellbeing Board

(Joint) Report of NAME OF DIRECTOR/CHIEF OFFICER  
Mandy O'Callaghan, Healthwatch Southend

to  
Health & Wellbeing Board

on  
26/08/2016

Agenda  
Item No.

Report prepared by: Leanne Crabb – Senior Officer

For information only	x	For discussion		Approval required	
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## Healthwatch Southend Annual Report

### Part 1 (Public Agenda Item) / Part 2

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#### 1. Purpose of Report

- 1.1. To highlight Healthwatch Southend's key priorities for 2016/17 and to emphasise the important part Healthwatch plays as an independent consumer champion for local residents.

#### 2. Recommendations

- 2.1. None

#### 3. Background & Context

- 3.1. Our annual report is a snapshot of the work we do on behalf of Southend residents with regards to health and social care services. One of our functions is to give advice, information and signposting about health and social care services locally. We are also experts in helping people understand their rights when it comes to their health and social care and provide advocacy for NHS complaints. We use the data we gather to improve local services by influencing the people who make the decisions.

Healthwatch consistently targets hard to reach groups to give them a voice. Our priorities for 2016/17:

- Engagement with Children and Young People
- Access to GP Services
- Domiciliary Care
- Patient Participation Groups
- The Essex Success Regime

We will especially be focusing on ensuring our residents get a chance to participate in the Success Regime’s consultation process.

#### **4. Health & Wellbeing Board Priorities / Added Value**

4.1 Ensuring all Southend residents have access to the health and care services they need and working with commissioners to bridge gaps in current services mirrors all three Health & Wellbeing Board Broad Impact Goals and the Nine Strategy Ambitions, especially addressing inequality.

#### **5. Reasons for Recommendations**

5.1. N/A

#### **6. Financial / Resource Implications**

6.1 N/A

#### **7. Legal Implications**

7.1. N/A

#### **8. Equality & Diversity**

8.1. N/A

#### **9. Background Papers**

9.1. Annual Report 2015/16

#### **10. Appendices**

10.1. N/A

### **HWB Strategy Priorities**

#### **Broad Impact Goals – adding value**

- a) Increased Physical Activity (prevention)
- b) Increased Aspiration and Opportunity (addressing inequality)
- c) Increased Personal Responsibility and Participation (sustainability)

<b>Ambition 1. A positive start in life</b>	<b>Ambition 2. Promoting healthy lifestyles</b>	<b>Ambition 3. Improving mental wellbeing</b>
<ul style="list-style-type: none"> <li>a) Reduce need for children to be in care</li> <li>b) Narrow the education achievement gap</li> <li>c) Improve education provision for 16-19s</li> <li>d) Better support more young</li> </ul>	<ul style="list-style-type: none"> <li>a) Reduce the use of tobacco</li> <li>b) Encourage use of green spaces and seafront</li> <li>c) Promote healthy weight</li> <li>d) Prevention and support for substance &amp; alcohol misuse</li> </ul>	<ul style="list-style-type: none"> <li>a) A holistic approach to mental and physical wellbeing</li> <li>b) Provide the right support and care at an early stage</li> <li>c) Reduce stigma of mental illness</li> </ul>

<ul style="list-style-type: none"> <li>e) carers</li> <li>e) Promote children’s mental wellbeing</li> <li>f) Reduce under-18 conception rates</li> <li>g) Support families with significant social challenges</li> </ul>		<ul style="list-style-type: none"> <li>d) Work to prevent suicide and self-harm</li> <li>e) Support parents postnatal</li> </ul>
<p><b>Ambition 4. A safer population</b></p> <ul style="list-style-type: none"> <li>a) Safeguard children and vulnerable adults against neglect and abuse</li> <li>b) Support the Domestic Abuse Strategy Group in their work</li> <li>c) Work to prevent unintentional injuries among under 15s</li> </ul>	<p><b>Ambition 5. Living independently</b></p> <ul style="list-style-type: none"> <li>a) Promote personalised budgets</li> <li>b) Enable supported community living</li> <li>c) People feel informed and empowered in their own care</li> <li>d) Reablement where possible</li> <li>e) People feel supported to live independently for longer</li> </ul>	<p><b>Ambition 6. Active and healthy ageing</b></p> <ul style="list-style-type: none"> <li>a) Join up health &amp; social care services</li> <li>b) Reduce isolation of older people</li> <li>c) Physical &amp; mental wellbeing</li> <li>d) Support those with long term conditions</li> <li>e) Empower people to be more in control of their care</li> </ul>
<p><b>Ambition 7. Protecting health</b></p> <ul style="list-style-type: none"> <li>a) Increase access to health screening</li> <li>b) Increase offer of immunisations</li> <li>c) Infection control to remain a priority for all care providers</li> <li>d) Severe weather plans in place</li> <li>e) Improve food hygiene in the Borough</li> </ul>	<p><b>Ambition 8. Housing</b></p> <ul style="list-style-type: none"> <li>a) Work together to; <ul style="list-style-type: none"> <li>o Tackle homelessness</li> <li>o Deliver health, care &amp; housing in a more joined up way</li> </ul> </li> <li>b) Adequate affordable housing</li> <li>c) Adequate specialist housing</li> <li>d) Understand condition and distribution of private sector housing stock, to better focus resources</li> </ul>	<p><b>Ambition 9. Maximising opportunity</b></p> <ul style="list-style-type: none"> <li>a) Have a joined up view of Southend’s health and care needs</li> <li>b) Work together to commission services more effectively</li> <li>c) Tackle health inequality (including improved access to services)</li> <li>d) Promote opportunities to thrive; Education, Employment</li> </ul>